

## **Episode 113: Guest bio**

Episode name: The Fortitude Project: Building a Mentally Healthy Profession

Guest(s): Jahan Kalantar

JAHAN KALANTAR

## Partner, Executive Law Group



Jahan Kalantar is a Sydney-based lawyer, university lecturer, and entrepreneur who describes himself as a 'little guy lawyer'. He attributes his human rights leanings to his proud Persian heritage, a dislike of bullies and a genuine belief that one person can make a difference.

Leaving a successful career in finance in order to pursue law, he was admitted to the NSW Bar at the age of 25 before establishing the firm of Executive Law Group where as the managing partner he oversees some of Australia's most complex criminal, family and commercial matters. He has been retained both domestically and internationally by individuals and organisations when everything is on the line.

His work in advocacy, evidence, criminal law and human rights as well as his subject matter expertise have seen him featured frequently on television and in media and have helped him grow his social media following to over 363,000 followers on TikTok and a highly regarded expert who is often quoted in professional publications. He was invited to speak on the Tedx main stage in 2018 and has since

When not in practice, Jahan is a highly sought after speaker and workshop facilitator who brings his practical skills from the courtroom to help people take their skills to the next level. He frequently speaks to groups of entrepreneurs, high performers, students and the community about storytelling, community building, mental health and the power of communication.

David Turner has a gift for teasing out people's stories, so it's no wonder he is Hearsay's host.



When he isn't interviewing people on Hearsay, David is the co-founder and Head of Operations at Lext Australia, an Australian legal technology start-up (and Hearsay's parent company). Prior to founding Lext, he practised as a barrister at the NSW Bar, and as a solicitor in law firms large and small. David is a former President of NSW Young Lawyers and a former Councillor of the Law Society of NSW. In addition to his LLB, David has completed his MBA at UNSW's Graduate School of Management.

David spends the little downtime that he has left tinkering on home improvement projects and working on computer programming projects.

You can access David's bio on the Assured Legal Solutions website here.